



DALLAS
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GROUP

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Ear Irrigation Instructions

- Mix 8 oz hydrogen peroxide in 8 oz distilled water.
- Use bulb syringe to irrigate ear.
- Patient is to sit upright in shower/bath tub and use one bulb of pre-measured solution mixture per ear.
- Press bulb gently.
 - As the solution goes in, it should be draining out simultaneously.
- If eardrops were prescribed, use eardrops after completing irrigation.
- Irrigate twice a day for ear drainage/infection or once a week for regular ear wax regimen.

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