

POSTOP PARTIAL REDUCTION OF THE INFERIOR TURBINATES

The inferior turbinate are reduced using a small radiofrequency probe. The turbinates are not completely removed, as the procedure maintains the normal anatomy and function of the remaining turbinate. Packing is not typically placed following a Coblator turbinate reduction.

The patient may experience a small amount of bleeding in the first several hours. Two sprays of Afrin in each nasal airway will usually control any oozing.

The most significant post-op problem that the patient faces is nasal congestion during the 1st week. Afrin or the generic brand may be used 2 sprays each nasal airway twice a day for **4 days only**. Saline spray or salt water irrigation is also recommended to remove the small amount of dry blood and crust that accumulates over 5-7 days.

The patient is followed in the office within 2 weeks for post-op examination and gentle suctioning of the nasal airway.

Please contact the office or surgeon on-call with any significant amount of bleeding or an elevated temperature above 101.

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