

Coblation-Channeling Technique

Before each insertion, place the Wand tip in saline or other conductive media to ensure formation of the plasma field. The intracellular fluid within the tissue will be sufficient to maintain the plasma field during channeling.

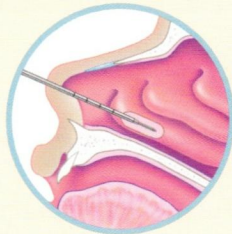
System	ReFlex Ultra Catalog Number
Coblator® II	E4845-01
	EIC4845-01

For Channeling Anterior Portion of the Turbinate

- 1 Use the Ablation pedal of the Foot Control to activate the Wand as you advance the tip into the Inferior Turbinate. Advance the tip submucosally stopping at the first visualization mark (fig.2). This marker indicates that all exposed electrodes are 4mm below the mucosal surface.
- 2 While holding the Wand in place, continue to hold the Ablation pedal for an additional 10 seconds to create the lesion. Next, carefully remove the inactivated Wand from the turbinate.

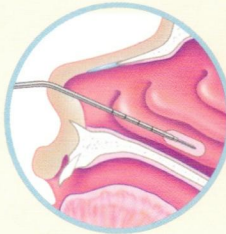
figure 2

Advance the tip submucosally stopping at the first visualization mark.



Advance the tip to the last visualization mark, hold ablation pedal for 10 seconds.

figure 3



For Channeling the Posterior Portion of the Turbinate

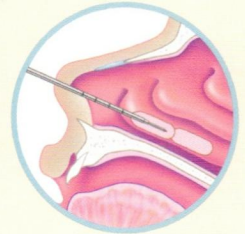
- 1 Use the Ablation pedal of the Foot Control to activate the Wand as you advance the tip into the Inferior Turbinate. Advance the tip submucosally all the way to the last visualization marker (fig.3).
- 2 While holding the Wand in place, continue to hold the Ablation pedal for an additional 10 seconds to create the first lesion.
- 3 After holding for 10 seconds, withdraw the inactivated Wand stopping at the first visualization marker (fig.4). This marker indicates that all exposed electrodes are 4mm below the mucosal surface.
- 4 While holding the Wand in place, once again depress the Ablation pedal for 10 seconds to create the second lesion. Lastly, carefully remove the inactivated Wand from the turbinate.

NOTE: The ReFlex Ultra Wand **DOES NOT** require use of the Coagulation pedal during the procedure.

- 5 According to turbinate size, create 2-3 Coblation channels per Inferior Turbinate. Depending on the number of channels and the original turbinate size, some volume reduction should be immediately visible.

figure 4

Withdraw inactivated Wand stopping at first visualization mark, hold ablation pedal for 10 seconds.



Patient Post-op Instructions

- Some patients may experience some nasal congestion and nasal drainage during the first week.
- For post-operative pain management, use Tylenol® or ibuprofen.
- For the first week, instruct patient to avoid blowing nose.
- After the procedure, it is normal for some patients to experience some minor bleeding.
- Use a saline nasal spray to aid healing.



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P/N 06582 Rev E